

Damian Sancilio

Damian Sancilio has been one of the premier tennis coaches in the Richmond area for years. As a player, he was a nationally ranked junior who went on to become a scholarship athlete at the University of Virginia where he played #2 singles and was elected the team's captain. He is also a 2-time Richmond city singles champion. As a coach, he trained world ranked player Sabine Hack of Germany for 4 years as her ranking jumped from #46 to #13 on the WTA tour under his direction. She was nominated by the WTA for most improved player on the tour in his first year of working with her. Damian also coached the Kuwait Davis Cup team for 6 years and was the country's national coach. Since coming back to Richmond in 2002 and becoming the director and partner at Courtside West, he has dedicated himself to working with juniors in the Richmond area. In 2009, he has opened Damian Sancilio's Junior Tennis Academy at Courtside West to bring his approach to the game to all levels. This academy has provided countless national level players including boys 14U US #1 Spencer Whitaker (2016) and Columbia University Star Max Schnur who participated in Wimbledon 2017. Damian and his wife Jennifer have two boys: Damian, 13 and Roman, 11.



Other Coaches

Experienced teaching professionals Pat Anderson, Jamie Hevron, Kevin Winston among others are assisting Damian with the academy.

For any questions, email cwdamian@aol.com or call 405-8885.



1145 Gaskins Road • Richmond, VA 23238 • 740-GAME (4263)
www.courtsidewest.com

Damian Sancilio's Junior Tennis Academy



"Quality and Passion"

If you are looking for tennis lessons year-round for your child by experienced pros in a small group atmosphere, then Damian Sancilio's Tennis Academy at Courtside West is the place for you. We believe that tennis is a great vehicle to teach the benefits of competition and the values of camaraderie, whether your child's goals are to make the middle school team or to play at Wimbledon. Our low student to court ratio and personalized approach by dedicated pros will help your child be a winner on and off the court.

(See next page for programs)

The Programs



Future Stars, ages 5-7

Schedule: Tues, Thurs 3:00-4:00 pm

Price for 6wk session: 2x/wk, \$220 members/ \$275 non-members
1x/wk, \$120 members/ \$160 non-members

This is a great way to start kids off to a lifetime of fun. Classes will stress motor skills, coordination, and basic tennis strokes in a smaller court with kid friendly equipment. The main focus of this clinic is to have fun, get exercise and ignite a love for the sport.

Orange Crushers Developmental Training, ages 8-12

(players grouped as beginners, advanced beginners)

Schedule: Tues,Thurs 3:00-4:00 pm, Fri 4:00-5:30 pm, Sat 1:00-2:30 pm

Price for 6wk session:

Tues,Thurs.....2x/wk, \$220 members/ \$275 non-members
1x/wk, \$120 members/ \$160 non-members

Fri, Sat.....2x/wk, \$330 members/ \$410 non-members
1x/wk, \$180 members/ \$235 non-members

**Due to space availability, preference will be given to students registering for both days if class is full.*

This orange ball program stresses the proper technique of all the strokes in a fun atmosphere of drills and competitive games. The first half of each session is dedicated to stroke production and the second half is set aside for games which create an exciting atmosphere to learn strokes, etiquette, and basic strategies.

Green Machines Developmental Training, ages 10-14

(players grouped according to level)

Schedule: Tues, Thurs, Fri 4:00-5:30 pm, Sat 1:00-2:30 pm

Price for 6wk session: 4x/wk: \$550 members/ \$675 non-members
3x/wk: \$450 members/ \$555 non-members
2x/wk: \$330 members/ \$410 non-members
1x/wk: \$180 members/ \$235 non-members

This green dot ball program is designed for a child who is starting tennis after the age of 10 or has taken only a limited amount of lessons. The object of this class is to get the kids rallying, serving consistently, and preparing them to compete.

Middle School Team Level Training

Schedule: Mon, Wed 4:00-5:30 pm, Sat 2:30-4:00 pm

Price for 6wk session: 3x/wk, \$450 members/ \$555 non-members
2x/wk, \$330 members/ \$410 non-members
1x/wk, \$180 members/ \$235 non-members

This program is designed to accommodate the tournament or middle school team player. The coaches will be stressing the importance of quality practices and the payoff of hard work. Stroke technique, footwork, and competitive situations are emphasized.

High School Level Training

Schedule: 3x/wk Mon, Wed 5:30-7:00 pm, Sun 1:00-2:30 pm

Price for 6wk session: 3x/wk, \$450 members/ \$555 non-members
2x/wk, \$330 members/ \$410 non-members
1x/wk, \$180 members/ \$235 non-members

The typical student in this program plays high school level tennis. Our program is structured to create a balance of stroke repetition, competitive games and mental and physical training in an atmosphere of camaraderie. Students are strongly encouraged to participate in an additional conditioning program that Damian coordinates with a personal trainer. Note that all students in this program must be approved by Damian.

Early Morning, High Performance Training

Schedule: 3x/wk Mon, Wed, Fri 6:00-7:30 am, or 2x/wk Tues,Thurs 6:00-7:30 am

Price for 6wk session: 3x/week: \$450 members/ \$555 non-members
2x/week: \$330 members/ \$410 non-members
1x/week: \$180 members/ \$235 non-members

This program is for the serious MATA ranked player who is willing to go the extra mile and train early in the morning. The coaches create a high energy atmosphere of drills and point situations to help dedicated juniors achieve their goals.



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